

PO Box 720828
Oklahoma City OK 73172
Phone: 405.792.2586
Email: info@livingwellokc.org
www.livingwellokc.org



Agree to not say
The "D Word" (divorce)
with each other.
Divorce is not an option.
Work through it!

Plan B....

*"In college, I had a course in Latin, and one day the word "divorce" came up. I always figured it came from some root that meant "divide." In truth, it comes from "divertere," which means "to divert." I believe that. **All divorce does is divert you, taking you away from everything you thought you knew and everything you thought you wanted and steering you into all kinds of other stuff.** Mitch Albom, For One More Day*

In the business world, companies come up with "Plan B" - "Here's what we will do if Plan A doesn't work." Plan B is the fall-back plan. In marriage, **if divorce is Plan B, Plan A (a lifetime marriage) will never work.** Divorce is the option.

When divorce is an option, the willingness to work at marriage lessens. If my marriage gets too hard, I will get a divorce.

One man said to us, "To save my marriage, it will take a lot of work and I am not willing to do that much work." He left his wife.

Some people think that if the other person knows that divorce is not an option - *He won't try. She will take me and our marriage for granted. I will be stuck*

That attitude can happen, regardless of the commitment.

If things are not going well in a marriage, many think that divorce is the only option. *If divorce is not*

an option and I want to be happy, what are my options? See other options below.

Your happiness is not the goal of marriage!!! Surprise!

But happiness will be the by-product of a marriage that honors and glorifies God.

We divert from the reason God put us together. **We lose sight** of the goal to show the world what a real picture of Christ and the Church looks like. **Give up Plan B!**

Note: We do not advocate that a person stay in a dangerous situation. And we believe that every person, husband or wife, needs to have skills to earn a living and know how to run a household alone - in the case of death or disability of a spouse.

Options

The people in a marriage crisis often see only two options:

1. Divorce
2. Keep going on the same way

As we come alongside couples, we show them that there are other options. **The big one is CHANGE!**

It's all his fault; he is the one that has to change! It's her problem; she needs to change!

We believe that when a couple gets to an impasse and are stuck

in their marriage, they need an **objective third party who can give them guidance.**

Each person needs to look at **their own issues** rather than continually focusing on what the other one is doing wrong.

What if one of the people is not open to going to a third party and/or not open to change?

Then, the person who recognizes the marriage is in a bad place,

seeks guidance for their own life. Start with:

- Seeking the Lord and being open** with what He says to you.
- Forgiving the other person** for the hurts that have occurred.
- Take responsibility** for your part (your responses)
- Quit trying to change** the other person. You can't/shouldn't do it.
- Find a godly person of the same gender** to give you guidance.